



COMMUNITY POT



Monthly Report

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Program Overview

In April, the NSC Program continued its mandate to combat malnutrition through a multi-pronged approach that includes community-level interventions, healthcare facility partnerships, and continuous engagement with caregivers and mothers. Our primary focus this month was on follow-up support for onboarded beneficiaries, nutrition education across healthcare centers, hospital activation, and a targeted behavioral change campaign.





Program Activities

Monitoring and Evaluation

(Follow-Up Sessions)

Follow-up sessions were conducted with beneficiaries previously onboarded into the program. These sessions served as critical checkpoints to assess individual and household-level progress in nutrition practices and overall health improvements. Field officers conducted home visits, monitored dietary compliance, and collected feedback on challenges faced. The results informed individual progress reports and helped guide targeted support interventions.

Primary Health Care Center Visits

As part of our collaboration with local Primary Health Care Centers (PHCs), nutrition education and assessments were carried out among children and mothers attending immunization and antenatal clinics. The sessions included:

- Basic nutrition awareness
- Breastfeeding counseling
- Dietary diversity for infants and young children

Children identified as malnourished were immediately provided with referral cards for further evaluation and care at the NSC center. This ensured swift access to supplementary nutrition support and medical follow-up where needed.

Preventive Program Interventions

Targeted preventive nutrition education was provided in hospitals, specifically to caregivers of children aged 0–24 months.

Focus areas included:

- Appropriate weaning methods
- Complementary feeding techniques
- Recognizing early signs of malnutrition

This component aimed to prevent the occurrence of malnutrition through early education and proactive dietary practices.

Behavioural Change Campaign

To enhance knowledge retention and support behavioral change, a series of nutrition support messages were delivered via SMS to enrolled caregivers. These messages served as: Reminders of good nutrition practices; Tips for preparing nutritious meals using local food; Encouragement to attend follow-up clinics and education sessions

The SMS initiative proved effective in reinforcing learning and maintaining caregiver engagement throughout the month.

Hospital Activation

Hospitals remained an important touchpoint for the program. Regularly scheduled nutrition education sessions were conducted within these facilities. Topics covered included:

- Infant and young child feeding (IYCF) practices
- Maternal nutrition during pregnancy and lactation
- The importance of micronutrients and food hygiene

These sessions targeted both patients and caregivers present at outpatient and pediatric clinics.

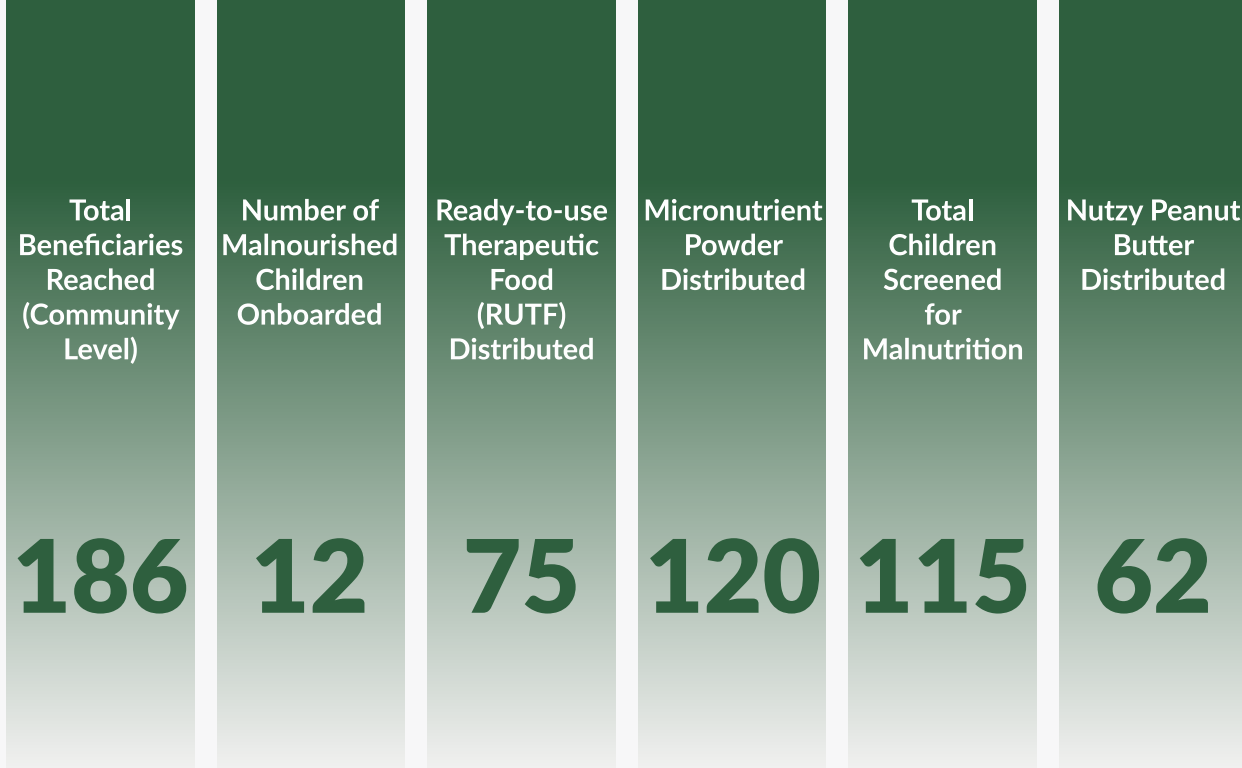




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Impact Report



Impact Report



Total
Beneficiaries
Reached

423

mothers
and
children

Number of
Malnourished
Children
Onboarded

68

Percentage
Improvement

Discharged
beneficiaries

Impact Report (Cumulative Impact Metrics - February - April)



Key Lessons Learned



Strengthening follow-up protocols for beneficiaries. To address the challenge of low turnout, it is necessary to enhance follow-up mechanisms, including personalised reminders via community health workers, SMS notifications, and home visits. Engaging caregivers more effectively through education on the importance of follow-ups and ensuring that sessions are convenient for them will also help improve attendance rates.



Next Steps

The program is preparing to scale up and build on the momentum achieved in April. Planned next steps include:

- **Expansion to Three New Communities:** NSC will extend its reach by onboarding beneficiaries and establishing partnerships in three additional communities.
- **Discharge of Recovered Beneficiaries:** Individuals and households who have shown significant improvement in nutritional status will be officially discharged from the program, while remaining under periodic post-discharge monitoring.

Next Steps

- **Commencement of the Nutripreneurship Program:** A new initiative aimed at empowering caregivers and community members with income-generating skills related to food production and nutrition.
- **Continued Nutrition Education in Healthcare Facilities:** Ongoing sessions will be held in both PHCs and hospitals to maintain consistent messaging and reinforce best practices.
- **Sustained Community-Level Support:** Field teams will continue to provide individualized support to caregivers and children through home visits, community events, and group sessions.

Conclusion

The NSC remains dedicated to improving child nutrition and reducing malnutrition through sustainable interventions and partnerships. We appreciate the continued support from our partners and look forward to achieving more significant impact in the coming months.



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Get in touch

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